

Tip From the

TOWER

If time permits, lead kids in singing "Gifts" from the *Sing & Play Rock Leader CD* (Track 27). The words are on page 102 of the station leader manual.

Day 3: Making a Difference

✦ Catholic Social Teaching: Rights & Responsibilities

Say: I wonder if Benoit and Ida in Cameroon ever wanted to give up because there were so many children who needed help; it must seem overwhelming sometimes! But I'll bet they know what we've been learning today—that **prayer helps us stand strong!** Sometimes when helping others seems like too big a task or too hard to do, we need to remember that we can always talk to God through prayer. We can ask him to help us stand strong when we have important things to do, like helping others.

Today we are going to learn about a man named Thomas Awiapo. He learned how prayer could help him stand strong, and now he helps others combat hunger in his homeland of Ghana in Africa. He remembers when there was often only one meal a day—millet, which is a grain that is also used to feed animals. He would have to fight to get a share of the food. After his parents died, his two youngest brothers died, too, and Thomas thinks it was probably because they didn't get enough to eat.

Now Thomas fights to help others get enough to eat, talking to people in the United States about hunger in Ghana and what Catholic Relief Services does to help. He knows what hunger in Ghana is like firsthand, and often shares the story of how CRS provided food to the school he attended there.

As Catholics, we know that everyone has the right to basic needs, like food, shelter, and health care. Everyone also has the responsibility to help their neighbors. Like Thomas, we too can work to help our neighbors—with our donations, Catholic Relief Services can provide food and teach people how to grow their own food. We can also pray for CRS—which works hard to fight hunger throughout the world. Let's use our rights and responsibilities to help others as we also pray for them—**prayer helps us stand strong!**

Talk About It

- ✧ What do you imagine it would be like to only have one meal a day? What if you had to fight to get your fair share?
- ✧ How do your choices make a difference in others' lives? For example, think of how you share or don't share with people in your own household. Does that make a difference in their lives?

